

Module specification

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Refer to guidance notes for completion of each section of the specification.

Module Code	PSY620
Module Title	Clinical Psychology
Level	6
Credit value	20
Faculty	Social and Life Sciences
HECoS Code	C800
Cost Code	GAPS

Programmes in which module to be offered

Programme title	Is the module core or option for this programme
BSc (hons) Psychology	Option
BSc (Hons) Psychology with Foundation Year	Option

Pre-requisites

None

Breakdown of module hours

Learning and teaching hours	24 hrs
Placement tutor support	0 hrs
Supervised learning e.g. practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total active learning and teaching hours	24 hrs
Placement / work based learning	0 hrs
Guided independent study	176 hrs
Module duration (total hours)	200 hrs

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Initial approval date	08/03/2018
With effect from date	20/09/2021
Date and details of revision	August 2020 updated reading list July 2025 updated reading list
Version number	3

Module aims

To acquaint students with the main aspects of the discipline of Clinical Psychology.

Module Learning Outcomes - at the end of this module, students will be able to:

1	Critically discuss the key components of the development of Clinical Psychology as a profession
2	Demonstrate an appreciation for how concepts and models of psychological disorder have developed, and their relation to psychological research and clinical practice
3	Critically evaluate at least two approaches to psychological treatment e.g. psychodynamic, cognitive, and interpersonal

Assessment

Indicative Assessment Tasks:

This section outlines the type of assessment task the student will be expected to complete as part of the module. More details will be made available in the relevant academic year module handbook.

1. A 2000-word essay on a specified topic e.g. the contrasting approaches of differing schools of psychology to one of the key concepts covered by this module.
2. A 2000-word case study exploring aspects of psychological disorder.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1, 2	Written Assignment	50
2	3	Written Assignment	50

Derogations

None

Learning and Teaching Strategies

The module is delivered using a mixture of lectures, seminars and practical/workshop sessions including teaching or guided learning to support the lecture content. There will be a focus on the original source material which will include a combination of classic and contemporary research studies using a variety of research methods. The practical sessions/workshops will combine student-led discussion, practical sessions in the psychology laboratory, and directed study.

Indicative Syllabus Outline

- Historical concepts
- Clinical psychology as a profession
- The scientist-practitioner model of clinical psychology
- Cultural aspects in assessment, diagnosis and treatment
- Concepts of normality/abnormality
- Anxiety
- Schizophrenia
- Mood disorders
- Eating disorders
- Dementia
- Evaluating outcomes in intervention and therapy

Indicative Bibliography:

Please note the essential reads and other indicative reading are subject to annual review and update.

Essential Reads

Davey, G. (Ed). (2021). *Psychopathology: Research, assessment, and treatment in clinical psychology (3rd ed.)*. BPS Wiley.

Other indicative reading

Comer, K.J. (2014). *Fundamentals of abnormal psychology*. (4th Ed). New York: Worth Publishers.

Bennett, P. (2011). *Abnormal and clinical psychology: An introductory textbook*. (3rd Ed). Milton Keynes, UK: Open University Press.

American Psychiatric Association. (2022). *Diagnostic and statistical manual of mental disorders: DSM-5-TR (5th ed.)*. APA.

Journals

British Journal of Clinical Psychology

British Journal of Psychiatry

Professional Psychology: Research and Practice

Journal of Abnormal Psychology

The Psychologist

Psychological Assessment

American Psychologist

Clinical Psychology: Science and Practice

Psychotherapy